For Your Information

EQUIPMENT LOANS

The Center has on hand walkers, wheel chairs, canes, crutches, commodes, and more that may be loaned out for specified periods of time or permanently. Call 383-1343 or visit the Front Desk.

FORGET-ME-NOT SHOPPE

Please visit the Center's boutique, which offers exclusive items that our crafty groups stock with specialties not found in the "big box" stores. Open during Center hours,.

RENTAL INFORMATION

While member programming and activities takes precedence at our Center, our rooms are bustling with activity even after hours with town of Clifton Park groups and local renters. If your organization should need space and we can accommodate you, set-up an appointment with Lynn Trudell, Administrative Assistant.

SENIORS ON THE GO: A TRANSPORTATION SERVICE

The Town of Clifton Park provides transportation Monday–Friday, 9:00 AM—4:00 PM. In order to ride the van, you must call 371-4444 between 9:00 AM– 1:00 PM for reservations and eligible rider information. Please make your reservations in advance, especially medical appointments (2–6 weeks ahead is ideal). Monday, Tuesday, and Thursday medical appointments are to the following areas: Schenectady, Albany, Troy, Ballston Spa, Saratoga, Mechanicville and Latham. On Wednesday and Friday, Clifton Park shopping and local appointments are scheduled. Donations are accepted to help defray the cost of operating the vans.

OPERATION ADOPT A SOLDIER

We are still collecting goods for Project Yellow Ribbon, a local organization that collects donated goods to pack and ship to our service men and women overseas. Place your donations in the red, white & blue box in the front lobby. www.operationadoptasoldier.org

OPERATION ENDURING FREEDOM

Do you have a family member or friend currently in the service overseas? We would gladly post their picture in the front lobby to show our support of our soldiers and their families. Please see Lynn at 383-1343 x22 about posting a picture.

Discussion Group

Beginning it's fourth year, this group will continue to meet twice a month on a Monday from 10:30a-12n. Specific dates are always published in the newsletter, or call the Front Desk at 383-1343. Over the course of the last three years, this group has had many lively exchanges. More interesting and stimulating discussions lie ahead. New participants are always welcome. MEETING HELD IN THE MEETING ROOM.

Mark your calendar.....

Upcoming Important Dates

Belleview Mammogram Bus—Thursday October 21st 9am-12noon

Flu Shots—Friday, November 12th 1:30pm-3:30pm

Visit www.shenacc.org

exp 09/10

Heritage Home
• For Women •

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Administrator

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